

Camping Menu-Stacy

	<i>Day 1</i>	<i>Day 2</i>	<i>Day 3</i>	<i>Day 4</i>
<i>Breakfast</i>	Rice cake with macadamia nut butter & apple slices	Oat free granola with macadamia nut milk	Oat free granola with macadamia nut milk	Blueberry Pancakes with syrup & sausage
<i>Snack</i>	Carrots	Apples & chex mix	Breadsticks and apple slices	Larabar & cereal
<i>Lunch</i>	Leftovers (steak fajitas)	Tacos- browned hamburger, lettuce, shredded carrots, peppers, and green onions with nacho sauce	Noodles, blueberries, big carrot	Lettuce wrapped burger and GF french fries in canola oil at My Father's Place
<i>Snack</i>	Apples, potato chips, carrots, broccoli	Zucchini muffin & popcorn	Applesauce & muffin	Chips, carrots & broccoli
<i>Snack</i>	Chex mix, muffin, & jerky	Granola bar, blueberries, potato chips & carrots	Chex mix & pistachios	Chex mix & muffin
<i>Dinner</i>	Tin Foil Dinners- hamburger patty, sliced onions, carrots, potatoes, & zucchini	Pistachio Pesto Noodles- chicken, broccoli, zucchini, peppers, & shredded carrots	Tacos- browned hamburger, lettuce, shredded carrots, peppers, and green onions with nacho sauce	Rice cereal & peaches
<i>Dessert</i>	Marshmallow & mini cupcake	Cookie	Cupcake	Cookie